## Stockport Foodbank





# Touching lives, making a difference

In the 6 years that Stockport Foodbank has been helping local residents through their 'tough times', we have met with people from all walks of life, some needing help in a single visit, whilst others with more complex needs have needed our support on a more regular basis.

It is of immense encouragement to our volunteers and all those involved at the Foodbank when we receive positive feedback from our clients...

"I found the foodbank staff very welcoming and friendly which made me feel happy and not embarrassed about my situation." "I was street homeless for some time until being allocated a room in a hostel. Having no money or food it was a real struggle and the foodbank was a real godsend."

"I have debts which I struggle to pay at certain times of the month. The foodbank has been helpful by taking any added stress from me."

"Very friendly staff that put you at ease and make you comfortable from the second you walk through the door."

"The help that I received is a blessing, I have never been in this state before, but now the sun is shining."

Over the last 12 months we have seen a large increase in the number of clients coming to the Foodbank. Whilst this has posed challenges for us in regard to the securing of food donations and the staffing of our centres, it is a testimony to the commitment of our volunteers, donors and supporters that this essential service has been able to meet these challenges and indeed thrive.



# FuelBank – changing homes for the better

Since its introduction, the FuelBank scheme has made a massive difference to many local residents. Every client who comes to a Stockport Foodbank centre is spoken to about their fuel needs and if they qualify then an application to a central fund is made on their behalf. If they are successful then a grant of £49 during the winter months and £30 during the summer months is made to them. From the feedback we have been receiving, this has been of significant help to many hundreds of households.

#### How to contact Stockport Foodbank

#### On the phone:

Call 07483 115349 (or 0161 487 3370) during normal office hours

#### By email:

foodbank@ stockportfoodbank.org.uk

#### Our website:

www.stockport.foodbank.org.uk

**LIKE our Facebook page:** www.facebook.com/ StockportFoodbank

twitter @Skptfoodbank

facebook





Our friends from Together Money with a van full of donations

### Corporates getting involved

Staff collections, food drives at local supermarkets, sorting and dating of food and warehouse cleaning are just a few of the ways that local companies have been lending at helping hand at Stockport Foodbank. Together Money, British Gas, Virgin, Stepping Hill and the DWP are just some of the folk who have 'stepped upto the plate', for which we are immensely grateful.



Universal Credit is now a reality for those in Stockport who receive benefits. Stockport Foodbank always aims to walk a non political path, however we know based on experiences from other Trussell

Trust Foodbanks around the country, that demand at Foodbanks does increase when UC is in full operation. Stockport Foodbank is working closely with local agencies to provide additional support to those who find themselves in crisis situations.

## There's a Stockport Foodbank centre near you

Stockport Foodbank is open 6 days a week at the following places:

Monday Hazel Grove Baptist Church St Martin's, Heaton Norris

Tuesday St Mark's, Bredbury

Wednesday Hazel Grove Baptist Church Thursday Bairstow Centre, Reddish

St Martin's, Heaton Norris

Friday Trinity Church, Cheadle Hazel Grove Baptist Church

Saturday Bairstow Centre, Reddish

FOR PROPLE IN
STOCKPORT

Stockport Foodbank
Management

Plus our 'help points' at GLO Church based in Offerton Library on Tuesday and Thursday mornings and Bramhall Community Hub, North Park Road, Mon, Wed and Fridays 11-2pm.

For local maps please visit www.stockport.foodbank.org.uk

HOW YOU CAN HELP PROPLE IN STOCKPORT FROM GOING HUNGRY.

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## Small change makes a big change

Our jam jar conversion kit (aka wrap-around label!) is now available for friends and supporters to download (www.stockport.foodbank.org.uk/give-help/donate-money/). Simply print off a label, wrap it around a jam jar and place it in a prominent position so it can collect your loose change. When full, please bank the content and send us the donation – what could be simpler!

Other ways in which you can financially support the Foodbank include Give as you Live, Standing order and periodic giving and food donations. If you would like to help, please do get in touch, thank you.



### Running for Foodbank

Every summer a large number of dedicated runners push themselves through an assortment of races to raise money for Stockport Foodbank. We have enjoyed generous financial support from the organisers and runners of the "Round the Runway run" which takes place around Manchester Airport each May — a most enjoyable evening which of course ends up with prize giving in a local pub.

And in the summer months, Bramhall Runners organise 3 runs at The Happy Valley Bramhall, which has now become a firm favourite amongst the running fraternity. The 5K run is proving so popular that a cap may have to be put on the numbers taking part!

We are incredibly grateful to the organisers and all the runners – your efforts make a massive difference to the work at Stockport Foodbank, thank you.

GDPR In common with other charities we have brought our data policies and practices in line with GDPR regulations and copies of these are available by request.

